

anorexia[ˌænəˈreksɪə] *n med.*

- 1) отсутствие аппетита
- 2) анорексия, патологическое отвращение к пище; отказ принимать пищу (*мж.* anorexia nervosa)

anorexia

Oxford Advanced Learners Dictionary 8th Ed.

an-or-oxia *BrE* [ˌænəˈreksɪə] ^m *NAmE* [ˌænəˈreksɪə] ^m (also **an-or-oxia****ner-vosa** *BrE* [ˌænəˈreksɪə nɜːvəʊsə] ^m; *NAmE* [ˌænəˈreksɪə nɜːrvoʊsə] ^m) **noun uncountable**an emotional ↑**disorder**, especially affecting young women, in which there is an ↑**abnormal** fear of being fat, causing the person to stop eating, leading to dangerous weight loss**compare** ↑**bulimia**Word Origin:[**anorexia**] late 16th cent.: via late Latin from Greek, from **an-** 'without' + **orexis** 'appetite'.Collocations:**Diet and exercise***Weight***put on/gain/lose weight/a few kilos/a few pounds****watch/control/struggle with** your weight**be/become** seriously overweight/underweight**be/become** clinically/morbidly obese**achieve /facilitate /promote /stimulate** weight loss**slim down to** 70 kilos/(*BrE*) 11 stone/(*especially NAmE*) 160 pounds**combat/prevent/tackle/treat** obesity**develop /have /suffer from /struggle with /recover from** anorexia/bulimia/an eating disorder**be on/go on/follow** a crash/strict diet**have /suffer from** a negative/poor body image**have /develop** a positive/healthy body image*Healthy eating***eat** a balanced diet/healthily/sensibly**get/provide/receive** adequate/proper nutrition**contain/get/provide** essential nutrients/vitamins/minerals**be high/low in** calories/fat/fibre/(*especially US*) fiber/protein/vitamin D/Omega-3 fatty acids**contain (no)/use/be full of/be free from** additives/chemical preservatives/artificial sweeteners**avoid/cut down on/cut out** alcohol/caffeine/fatty foods**stop/give up/ (especially NAmE) quit** smoking*Exercise**(BrE)* **take** regular exercise**do** moderate/strenuous/vigorous exercise**play** football/hockey/tennis**go** cycling/jogging/running**go to/visit/ (especially NAmE) hit/work out at** the gym**strengthen/tone/train** your stomach muscles**contract/relax /stretch/use/work** your lower-body muscles**build (up)/gain** muscle**improve/increase** your stamina/energy levels/physical fitness**burn/consume/ expend** calories*Staying healthy***be/get/keep/stay** healthy/in shape/(*especially BrE*) fit**lower** your cholesterol/blood pressure**boost/stimulate/strengthen** your immune system**prevent/reduce the risk of** heart disease/high blood pressure/diabetes/osteoporosis**reduce/relieve /manage /combat** stress**enhance /promote** relaxation/physical and mental well-being**anorexia**

Longman DOCE 5th Ed. (En-En)

an-ox-i-a /ˌænəˈreksɪə/ *BrE* ^m *AmE* ^m (also **anorexia ner-vo-sa** -nɜːvəʊsə -nɜːrvoʊsə)-**noun [uncountable]**[**Date:** 1500-1600; **Language:** Modern Latin; **Origin:** Greek, from **an-** 'without' + **orexis** 'desire to eat']

a mental illness that makes someone stop eating

anorexia

Freakuency Pack

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COCA 500k Unlemmatized

260 **29027**⁵⁹⁰ *nn1*
39 **95967**⁶⁴ *np1*
10 **236372**¹² *nnu*
