## treadmill

['tred.mil] *n* 1. однообразный механический труд



1. singular work or a way of life that is boring or tiring because it involves always doing the same things

I'd like to escape the office treadmill.

**2.** countable (especially in the past) a large wheel turned by the weight of people or animals walking on steps around its inside edge, and used to operate machinery

- 3. countable an exercise machine that has a moving surface that you can walk or run on while remaining in the same place
- I try to do half an hour's exercise on the treadmill every morning.





1. [countable] a piece of exercise equipment that has a large belt around a set of wheels, that you can walk or run on while staying in the same place

- 2. [singular] work or a way of life that seems very boring because you always have to do the same things:
  - the treadmill of working in the office
- 3. [countable] a  $\$ mill worked in the past by prisoners treading on steps fixed to a very large wheel

 treadmill
 Freakuency Pack

 12500
 9139<sup>MCW</sup>

 15000
 6717<sup>COCA</sup>

 RANGE:
 11k TREADMILL 1722

 treadmill
 1554

 treadmills
 168

 COCA 500k Unlemmatized
 912

 912
 1554

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