

aerobic[ə(ə)'rəʊbɪk] **a**

1. относящийся к аэробике
2. **физиол.**
- 1) аэробный
- 2) относящийся к улучшению кислородного обмена
3. **бакт.** аэробный, живущий в кислородной атмосфере

aerobic

Oxford Advanced Learners Dictionary 8th Ed.

aerobic 7 BrE [əə'rəʊbɪk] NAmE [e'rəʊbɪk] adjective

1. (biology) needing ↑oxygen
 - aerobic bacteria
 2. (of physical exercise) especially designed to improve the function of the heart and lungs
- Opp:** ↑anaerobic

Word Origin:[aerobic] late 19th cent.: from **aero-** + Greek **bios** 'life' + -ic.Example Bank:

- aerobic exercise

aerobic

Longman DOCE 5th Ed. (En-En)

aerobic /əə'rəʊbɪk \$ e'rəʊbɪk BrE AmE adjective[Date: 1800-1900; Origin: aerobe 'creature that needs air to live' (19-21 centuries), from French **aérobie**, from **aéro-** 'aero-' + -bie (from Greek **bios** 'life')]

1. **technical** using oxygen **OPP anaerobic**
2. **aerobic exercise** a type of exercise intended to strengthen the heart and lungs:
 - running, swimming, and other forms of aerobic exercise

aerobic

Freakuency Pack

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