

unwind

[ʌn'waɪnd] *v* (*unwound*)

- 1) разматывать, раскручивать
to unwind thread from a spool - размотать нитки со шпульки
- 2) разматываться, раскручиваться
the narrative unwinds slowly - сюжет развивается медленно
2. *разе.* успокоиться; расслабиться

unwind

Oxford Advanced Learners Dictionary 8th Ed.

unwind [unwind unwinds unwound unwinding] *BrE* [ʌn'waɪnd] ^u *NAmE* [ʌn'waɪnd] ^u *verb* (*un-wound*, *un-wound* *BrE* [ʌn'waʊnd] ^u; *NAmE* [ʌn'waʊnd] ^u)

1. **transitive, intransitive** ~ (sth) (from sth) to undo sth that has been wrapped into a ball or around sth
 - to unwind a ball of string
 - He unwound his scarf from his neck.
 - The bandage gradually unwound and fell off.
2. **intransitive** to stop worrying or thinking about problems and start to relax

Syn: ↑relax, **Syn:** ↑wind down

- Music helps me unwind after a busy day.

Verb forms:

verb forms	
present simple	
I / you / we / they	unwind
	<i>BrE</i> / ʌn 'waɪnd/
	<i>NAmE</i> / ʌn 'waɪnd/
he / she / it	unwinds
	<i>BrE</i> / ʌn 'waɪndz/
	<i>NAmE</i> / ʌn 'waɪndz/
past simple, past participle	unwound
	<i>BrE</i> / ʌn 'waʊnd/
	<i>NAmE</i> / ʌn 'waʊnd/
-ing form	unwinding
	<i>BrE</i> / ʌn 'waɪndɪŋ/
	<i>NAmE</i> / ʌn 'waɪndɪŋ/

unwind

Longman DOCE 5th Ed. (En-En)

unwind /ʌn'waɪnd/ *BrE* ^u *AmE* ^u *verb* (*past tense and past participle unwound* /-l'waʊnd/)

1. **[intransitive]** to relax and stop feeling anxious:
a beautiful country hotel that is the perfect place to unwind
2. **[intransitive and transitive]** to undo something that has been wrapped around something else, or to become undone after being wrapped around something:
She started to unwind her scarf.
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THESAURUS

- **relax** to rest or do something that is enjoyable after you have been working: In the evenings, I like to relax with some music and a nice meal. | In two weeks' time I'll be relaxing on a beach in Greece.
- **rest** to stop working or stop being active, and sit down or lie down so that you become less tired: If you're tired, we'll stop and rest for a while. | The doctor told me to take some time off work and try to rest.
- **unwind** to gradually relax after you have been working hard or feeling anxious: It had been a bad day and he just wanted to get home and unwind. | Set in spectacular countryside, the Shiga Hotel is the perfect place to unwind.
- **take it/things easy** to relax and not do very much, especially after working very hard or being ill: Now that you've finished your exams, you can take it easy. | The doctor said he'll have to take things easy for while.
- **put your feet up** *informal* to rest for a short time after a tiring activity, especially by sitting with your feet resting on something: Kate poured herself a drink and put her feet up. | When you're pregnant and doing a full-time job, you must find time to put your feet up.
- **chill out/chill** *informal* to relax completely, or stop worrying and getting annoyed about things - used mainly by young people: We spent the day chilling out by the pool. | Hey dude, chill out! It's only a car! | It's a great place to chill out. | Let's go back to my place and chill.
- **loosen up** *informal* to become more relaxed and stop worrying about things: I keep telling Mum that she needs to loosen up a bit. | Tom had had a few drinks and was beginning to loosen up.
- **put somebody at ease/make somebody feel at ease** to make someone feel relaxed, especially in a situation in which they might feel a little nervous: A good interviewer will try to make you feel at ease. | His friendly manner always puts people at their ease.

unwind

Freakuency Pack

12500 **7636**^{MCW}
 15000 **8837**^{COCA}
 RANGE: **5k** UNWIND 925
 unwind 503
 unwound 171
 unwinds 60
 unwinding 191

