

- [fleks] *n эл.*
гибкий шнур
- [fleks] *v*
сгибать, гнуть
to flex one's muscles - разминаться (*особ. перед работой*)

Oxford Advanced Learners Dictionary 8th Ed.

flex [flex flexes flexed flexing] *verb, noun* BrE [fleks] ^ˈ NAmE [fleks] ^ˈ
verb transitive, intransitive ~ (sth)

to bend, move or stretch an arm or a leg, or contract a muscle, especially in order to prepare for a physical activity

- to flex your fingers/feet/legs
- He stood on the side of the pool flexing his muscles.

Verb forms:

verb forms	
present simple	
I / you / we / they	flex
	BrE /fleks/
	NAmE /fleks/
he / she / it	flexes
	BrE /fleksɪz/
	NAmE /fleksɪz/
past simple, past participle	flexed
	BrE /fleksɪd/
	NAmE /fleksɪd/
-ing form	flexing
	BrE /fleksɪŋ/
	NAmE /fleksɪŋ/

Word Origin:

v. early 16th cent. Latin flex- 'bent' flectere

n. early 20th cent. ↑flexible

Idiom: ↑flex your muscles

noun

(BrE) (also **cord** NAmE, BrE) **countable, uncountable**



a piece of wire that is covered with plastic, used for carrying electricity to a piece of equipment

- an electric flex
- a length of flex

Word Origin:

v. early 16th cent. Latin flex- 'bent' flectere

n. early 20th cent. ↑flexible

Example Bank:

- Side cutters are useful for cutting electrical flex to length.

See also: ↑cord

Longman DOCE 5th Ed. (En-En)

flex
I. **flex**¹ /fleks/ BrE ^ˈ AmE ^ˈ *verb [transitive]*

[Date: 1500-1600; Language: Latin; Origin: flexus; ⇒ ↑flexible]

- to tighten your muscles or bend part of your body
- flex your muscles** to show your ability to do something, especially your skill or power:
The role will allow her to flex her acting muscles.

II. **flex**² BrE ^ˈ AmE ^ˈ *noun [countable] British English*

[Date: 1900-2000; Origin: flexible]

an electrical wire covered with plastic, used to connect electrical equipment to an electricity supply **SYN cord** *American English* ⇒

lead

flex

Freakuency Pack

12500 **7465**^{MCW}

15000 **4967**^{COCA}

RANGE: **5k FLEX** 3160

flex 1655
flexes 200
flexed 724
flexing 581

COCA 500k Unlemmatized

485 **20282**¹⁰⁶⁹ *nn1*
326 **37987**³⁶⁸ *vvi*
192 **50584**²¹⁸ *vv0*
