

1. [rest] *n*

1. 1) покой, отдых; сон

day of rest - день отдыха, выходной день, воскресенье

without rest - без отдыха, без передышки

at rest - в покое [*см. тж.* 4]

to be at rest - успокоиться

to set smb.'s mind at rest - успокоить кого-л.

to set a question at rest - улаживать вопрос

to go /to retire/ to rest - лечь спать /отдохнуть/

to take a rest - отдыхать; спать

to have a good night's rest - хорошо выспаться

I could get no rest - а) у меня не было ни минуты покоя /отдыха/; б) я не сомкнул глаз

my mind is at rest about the matter - этот вопрос меня больше не тревожит

his fears were laid to rest - его опасения исчезли

2) вечный покой, смерть

to lay to rest - хоронить

to be at rest with one's fathers - отойти к праотцам, уснуть вечным сном

to be at rest from toil - обрести вечный покой

he has gone to his rest - он умер

2. перерыв, пауза, передышка

rest area - *воен.* район расположения войск на отдых

rest halt - *воен.* остановка на отдых, привал

to make a rest from work - сделать передышку

he had several rests on his way up the mountain - при подъёме на гору он несколько раз отдыхал

3. *воен.* положение «вольно»

4. неподвижность

at rest - неподвижный [*см. тж.* 1, 1)]

to bring to rest - останавливать

the horses were brought to rest - лошадей остановили

to come to rest - остановиться

5. место отдыха, клуб (*обыкн. для моряков*)6. 1) *спец.* упор, опора2) *тех.* суппорт; люнет7. *спорт.* упор (*точка опоры ниже уровня плеч*)

arm [forearm, leaning] rest - упор на руках [на предплечьях, лёжа]

bent arm /cross, front/ rest - упор на согнутых руках

8. 1) *муз.* пауза2) *стих.* цезура2. [rest] *v*

1. 1) отдыхать; лежать; спать

he likes to rest after dinner - после обеда он любит отдохнуть

2) покоиться

he rests in the churchyard - он покоится на кладбище

let her rest in peace - мир праху её

3) лежать, покоиться

clouds resting on mountain tops - облака, лежащие на вершинах гор

my eye rested on those remote blue peaks - мой взор был прикован к этим далёким голубым вершинам

2. 1) отдыхать (*от дел и т. п.*), не работать

to rest from one's labours - отдыхать от /после/ трудов

not to let the enemy rest - не давать покоя противнику

to rest on one's oars - бездействовать; \cong поживать на лаврах

rest! - вольно! (*команда*)

she planned to rest during her vacation - во время отпуска она решила ничем не заниматься

2) давать отдых, покой

to rest men and horses - дать отдых людям и лошадям

to rest oneself - дать себе отдых; передохнуть

they stopped at the wayside café to rest themselves - они остановились у придорожного кафе, чтобы немного передохнуть

rest the players for tomorrow's game - пусть игроки отдохнут перед завтрашним состязанием

these dark glasses rest my eyes - в этих тёмных очках у меня отдыхают глаза

a colour that rests the eyes - спокойный цвет

3. быть спокойным, не волноваться

he could not rest till he got his wish - он не мог успокоиться, пока не добился своего

4. (on, against)

1) класть (*на что-л.*); прислонять (*к чему-л.*)

to rest one's elbows on the table - класть локти на стол

to rest one's head on a cushion - положить голову на подушку

rest the picture against the wall - прислонить картину к стене

3. **countable, uncountable** a period of relaxing, sleeping or doing nothing after a period of activity
- I had a good night's rest.
 - We stopped for a well-earned rest.
 - ~ **(from sth)** to **have/take a rest** from all your hard work
 - Try to **get some rest** — you have a busy day tomorrow.
 - There are no matches tomorrow, which is a **rest day**, but the tournament resumes on Monday.

SUPPORT

4. **countable** (often in compounds) an object that is used to support or hold sth
- an armrest (= for example on a seat or chair)

IN MUSIC

5. **countable, uncountable** a period of silence between notes; a sign that shows a **rest** between notes
- more at** put/set sb's mind at ease/rest **at** ↑**mind** _n, no peace/rest for the wicked **at** ↑**wicked** _n.

Word Origin:

n. senses 3 to 5 and **v.** Old English *ræst* rest *ræstan* restan Germanic 'league' 'mile'

n. senses 1 to 2 late Middle English Old French *reste* *rester* Latin *restare* 'remain' re- 'back' stare 'to stand'

Thesaurus:

rest noun

1. **the rest** **sing.+ sing./pl. v.**

• Take what you want and throw the rest away.

balance • • **difference** • • **excess** • |**formal the remainder** •

the rest/balance/remainder of sth

pay the rest/balance/difference/excess/remainder

find/make up/pocket the rest/balance/difference/remainder

2. **C, U**

• You need a rest from all your hard work.

break • • **breathing space** • |**informal time out** • • **breather** • |**formal respite** •

(a) rest/break/time out/respite **from sth**

have/take (a) rest/break/time out/breather

need a rest/a break/some time out/respite

Synonyms:

rest

break • **respite** • **time out** • **breathing space**

These are all words for a short period of time spent relaxing.

rest • a period of relaxing, sleeping or doing nothing after a period of activity: ▪ We stopped for a well-earned rest.

break • a short period of time when you stop what you are doing and rest or eat: ▪ Let's ▪ take a break ▪.

In British English **break** is a period of time between lessons at school. The North American English word is **recess**.

respite • a short break from sth difficult or unpleasant: ▪ The drug brought a brief respite from the pain.

time out • (**informal, especially NAmE**) time for resting or relaxing away from your usual work or studies: ▪ Take time out to relax by the pool.

breathing space • a short rest in the middle of a period of mental or physical effort ▪ This delay gives the party a breathing space in which to sort out its policies.

(a) rest/break/respite/time out **from sth**

to **have/take** (a) rest/break/time out

to **give sb** (a) rest/break/respite/breathing space

Example Bank:

- Get some rest while you can.
- Her heart would find no rest until she knew the truth.
- I apologize for disturbing your rest.
- I had a good long rest before the party.
- I need my beauty rest.
- I was hospitalized many times and put on bed rest for six months.
- She's on complete bed rest, antibiotics and plenty of fluids.
- The ball rolled down the hill and came to rest against a tree.
- The body requires a healthy diet and adequate rest.
- The doctor advised him to take a complete rest from football.
- There are no matches tomorrow, which is a rest day, but the tournament resumes on Monday.
- Try to get some rest— you have a busy day tomorrow.
- You need a rest from all your hard work.

Idioms: ↑**and the rest** ▪ ↑**at rest** ▪ ↑**come to rest** ▪ ↑**for the rest** ▪ ↑**give it a rest** ▪ ↑**give something a rest** ▪ ↑**lay somebody to rest** ▪ ↑**lay something to rest** ▪ ↑**rest assured** ▪ ↑**rest is history** ▪ ↑**rest your case**

Derived ↑**rest on somebody** ▪ ↑**rest on something** ▪ ↑**rest with somebody**

RELAX

1. **intransitive, transitive** to relax, sleep or do nothing after a period of activity or illness; to not use a part of your body for some time

- The doctor told me to rest.
- I can **rest easy** (= stop worrying) knowing that she's safely home.
- (figurative) He **won't rest** (= will never be satisfied) until he finds her.
- ~ **sth** Rest your eyes every half an hour.

see also ↑rested

SUPPORT

2. **transitive, intransitive** to support sth by putting it on or against sth; to be supported in this way

- ~ **sth + adv./prep.** Rest your head on my shoulder.
- He rested his chin in his hands.
- **+ adv./prep.** His chin rested on his hands.
- Their bikes were resting against the wall.

BE LEFT

3. **intransitive** if you let a matter rest, you stop discussing it or dealing with it

- The matter cannot rest there— I intend to sue.
- And there the matter rested until an interested journalist uncovered the file.

BE BURIED

4. **intransitive + adv./prep.** to be buried. People say 'rest' to avoid saying 'be buried'

- She rests beside her husband in the local cemetery.
- May he **rest in peace** .

see also ↑RIP

more at breathe/rest easy **at** ↑easy *adj.*, God rest his/her soul God rest him/her **at** ↑god, rest/sit on your laurels **at** ↑laurel

Verb forms:

verb forms	
present simple	
I / you / we / they	rest
	BrE /rest/
	NAmE /rest/
he / she / it	rests
	BrE /rests/
	NAmE /rests/
past simple, past participle	rested
	BrE /restɪd/
	NAmE /restɪd/
-ing form	resting
	BrE /restɪŋ/
	NAmE /restɪŋ/

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Thesaurus:

rest verb

1. I, T

- The doctor told me to go home and rest.

relax • **unwind** • **take it/things easy** • **put your feet up** • **sit back** • |informal **chill (out)** • **hang out** • |BrE **potter** • |AmE **putter** •

try to/help sb (to) rest/relax/unwind

just rest/relax/unwind/take it easy/sit back/hang out/potter

rest/relax/sit back **a little/a bit**

2. T, I (always used with an adverb or preposition)

- He rested his chin in his hands.

lean • **prop** • **stand** • **balance** • **poise** • **steady** •

rest/lean/prop/stand/balance (sth) **on** sth

rest/lean/prop/stand/steady (sth) **against** sth

Example Bank:

- He could rest safely in this place.
- Her head was resting comfortably against his chest.
- Her thin hands were resting atop the quilted bed cover.
- His hand was resting lazily against the steering wheel.
- His hands rested lightly on her shoulders.
- I can rest easy knowing that she's safely home.
- I settled back, my hands resting in my lap.
- I stopped to rest on one of the benches.
- It is rare for the responsibility for causing conflict to rest solely on one side.

- Our trade policy rests firmly on the foundation of free and open markets.
- She let his hand rest heavily on hers.
- She rested the ladder against the wall.
- Surely the blame rests squarely with Sir Ralph?
- The decision rests entirely upon how good a fighter you think she is.
- The decision ultimately rests with the council.
- The success or failure of the film rests largely on the talents of the cast.
- I awoke feeling rested and refreshed.

rest

Longman DOCE 5th Ed. (En-En)

I. **rest**¹ **S1 W1** /rest/ *BrE* ^ˈ *AmE* ^ˈ *noun*

[Word Family: *noun*: ↑rest, ↑unrest, ↑restlessness; *adjective*: ↑restless, ↑rested, ↑restful; *adverb*: ↑restlessly, ↑restfully; *verb*: ↑rest]

[Sense 1, 8-9: Date: 1400-1500; Language: French; Origin: *reste*, from *rester* 'to remain', from Latin *restare*]

[Sense 2-7, 10-12: Language: Old English; Origin: 'rest, bed']

1. **RELAXING** [uncountable and countable] a period of time when you are not doing anything tiring and you can relax or sleep:

" You look exhausted! Why don't you take a rest?"

2. **the rest** what is left after everything or everyone else has gone or been used, dealt with, or mentioned ⇒ **remainder**, **leftovers**:

" You carry these two bags, and I'll bring the rest.

" Two of the attackers were killed, and the rest escaped.

the rest of

" Does anyone want the rest of this pizza?"

" He'll be in a wheelchair for the rest of his life.

GRAMMAR

Use a singular verb after **the rest** if you are referring to an amount of something or a thing:

▪ The rest of the money was used to pay for the wedding.

Use a plural verb if you are referring to a group of people or things:

▪ One child goes out of the room while the rest sit in a circle.

3. **put/set sb's mind at rest** to make someone feel less anxious or worried:

" Why don't you talk to him, and put his mind at rest.

4. **come to rest**

a) to stop moving:

" The aircraft skidded across the runway and finally came to rest in a cornfield.

b) if your eyes come to rest on something, you stop looking around and look at that one thing

come to rest on

" My eyes came to rest on a photograph of a young man.

5. **give it a rest** *spoken especially British English* used to tell someone to stop talking about something because they are annoying you:

" Give it a rest, Jack!

6. **give something a rest** *spoken* to stop doing an activity:

" I gave the acting a rest for a while.

7. **at rest**

a) an expression meaning dead, and free from pain and problems

b) *technical* not moving

8. **and all the rest of it** *British English spoken* used at the end of a short list to mean other things of a similar type:

" I was paying the rent and the bills and all the rest of it.

9. **and the rest** *British English spoken* used to emphasize in a humorous way that a number or amount is really much higher than someone thinks:

" 'I'd say she's about 40.' 'Yeah, and the rest!'

10. **lay/put something to rest** *formal* to stop people from worrying about or believing something:

" The minister resigned, and the government hoped that the scandal would finally be laid to rest.

11. **lay somebody to rest** an expression meaning to bury someone, used when you want to avoid saying this directly:

" She was laid to rest beside her husband.

12. **MUSIC** [countable]

a) a period of silence of a particular length in a piece of music

b) a written sign that shows how long the period of silence should be

⇒ ↑headrest, ↑footrest, ↑backrest, ⇒ **and the rest is history** at ↑history(10)

• • •

COLLOCATIONS

■ verbs

▪ **have/take a rest** I'm going upstairs to have a rest.

▪ **get some rest** You'd better get some rest if you're driving back tonight.

▪ **deserve a rest** I think we deserve a rest after all that hard work.

■ adjectives

▪ **a well-earned /well-deserved rest** (=a rest after working hard) Our players are taking a well-earned rest before the start of the new season.

▪ **a complete rest** The doctor had advised a complete rest for a fortnight.

▪ **a little/short rest** He decided to stop and take a short rest.

- a long rest What I need is a nice long rest.
- a good rest (=a complete rest that relaxes you) I'm sure you need a good rest.

rest + NOUN

- a rest day/period The crew had a three hour rest period before their next flight.

II. rest² S3 W3 BrE² AmE² verb

[Word Family: noun: ↑rest, ↑unrest, ↑restlessness; adjective: ↑restless, ↑rested, ↑restful; adverb: ↑restlessly, ↑restfully; verb: ↑rest]



- RELAX [intransitive]** to stop working or doing an activity for a time and sit down or lie down to relax:
 - If you're tired, we'll stop and rest for a while.
- SUPPORT SOMETHING [intransitive, transitive always + adverb/preposition]** to support an object or part of your body by putting it on or against something, or to be supported in this way ⇒ **lean**
rest (something) against/on something
 - Rest your head on my shoulder.
 - Brassard rested his elbows on the table and leaned forward.
 - Their bikes were resting against the wall.
- rest your feet/legs/eyes etc** to stop using a part of your body because it is feeling sore or tired:
 - I need to sit down and rest my legs.
- let the matter rest (also let it rest)** to stop discussing or dealing with something:
 - The man apologized, but Aunt Matilda refused to let the matter rest.
- rest assured (that) formal** used to tell someone not to worry, because what you say about a situation is true:
 - You may rest assured that it will be ready on time.
- somebody will not rest until ...** if you will not rest until something happens, you will not be satisfied until it happens:
 - We will not rest until the murderer is found.
- DEAD PERSON [intransitive always + adverb/preposition] literary** if a dead person rests somewhere, they are buried there:
 - My mother rests beside my father in the family graveyard.**sb's last/final resting place (=the place where someone is buried)**
rest in peace (=often written on a grave)
- rest on your laurels** to be satisfied with what you have done, so that you do not make any further effort
- I rest my case spoken**
 - formal** used by a lawyer when they have finished trying to prove something in a court of law
 - used when something happens or is said which proves that you were right – used humorously
- rest easy** to relax and stop worrying:
 - I can rest easy, knowing everything's under control.

• • •

THESAURUS

- **rest** to stop working or stop being active, and sit down or lie down so that you become less tired: If you're tired, we'll stop and rest for a while. | The doctor told me to take some time off work and try to rest.
- **take a rest (also have a rest especially British English)** to stop what you are doing for a period of time so that you can relax: Murray will now take a rest before the competition next month. | There was a TV in the hotel room, and sometimes I escaped up there to have a rest. | A spokesman said that the Senator needed to take a rest from the campaign activity.
- **take a break (also have a break especially British English)** to stop what you are doing for a short time, so that you can rest or do something else – often used about stopping a meeting, class etc for a short time: Is it all right if we have a short break at about 10:30? | I spoke to the actor as he was taking a break from rehearsals. | Let's take a break now for coffee.
- **take it easy (also take things easy)** to do things gently and with less effort than usual, in order to avoid becoming worried or tired, especially because you are not feeling strong or healthy: After the operation, she decided to take things easy for a month or two. | I thought I'd take it easy tonight.
- **put your feet up informal** to rest for a short time after a tiring activity, especially by sitting with your feet resting on something: Kate poured herself a drink and put her feet up. | When you're pregnant and doing a full-time job, you must find time to put your feet up.
- **chill/chill out informal** to spend time relaxing and doing things that do not need a lot of effort – used by young people: We chilled out in front of the TV with a couple of beers. | I like chilling with the guys and playing pool or watching movies.

rest on/upon something phrasal verb [not in progressive]

- formal** to depend on something:
 - Success in management ultimately rests on good judgment.
- formal** to be based on a particular idea or set of facts:
 - The case against my client rests entirely on circumstantial evidence.
- if your eyes rest on something, you notice it and look at it:

His eyes rested on a small figure in the distance.

rest with somebody *phrasal verb* [not in progressive]

if a decision rests with someone, they are responsible for it:

"The final decision rests with the President."

rest

Freakuency Pack

12500 **682**^{MCW}

15000 **571**^{COCA}

RANGE: **1k** REST 84070

rest 67294

rested 4000

resting 5127

restful 387

restfully 7

restfulness 14

restless 2686

restlessly 354

restlessness 533

rests 3668

COCA 500k Unlemmatized

37427 **665**⁵⁸⁶¹⁸ *nn1*

5062 **6062**⁶⁰⁵³ *vvi*

2139 **11345**²⁵⁸⁷ *vv0*

25 **150421**²⁷ *nnu*

8 **276516**⁹ *jj*