

restrain[rɪ'streɪn] *v*

- сдерживать, держать в узде; обуздывать; удерживать
to restrain production - ограничивать производство
to restrain smb.'s activities - ограничивать чью-л. деятельность
to restrain one's temper - сдерживать себя, не выходить из себя
to restrain one's passion [one's ambition] - обуздывать свою страсть [своё честолюбие]
to restrain smb. from doing smth. - удерживать кого-л. от чего-л.
to restrain smb. from wasting money - не давать кому-л. тратить деньги
- ограничивать
to restrain power [trade] - ограничивать власть [торговлю]
- лишать свободы, заключать в тюрьму *и т. п.*
insane people have to be restrained - сумасшедших необходимо изолировать

restrain

Oxford Advanced Learners Dictionary 8th Ed.

re-strain *AW* [restrain restrains restrained restraining] *BrE* [rɪ'streɪn] *NAme*[rɪ'streɪn] *v*

- to stop sb/sth from doing sth, especially by using physical force
 - ~ **sb/sth** The prisoner had to be restrained by the police.
 - He placed a restraining hand on her arm.
 - ~ **sb/sth from sth/from doing sth** I had to restrain her from hitting out at passers-by.
 - They have obtained an injunction restraining the company from selling the product.
- to stop yourself from feeling an emotion or doing sth that you would like to do
 - ~ **sth** John managed to restrain his anger.
 - I restrained the urge to punch him.
 - ~ **yourself (from sth/from doing sth)** She had to restrain herself from crying out in pain.
 - I was tempted to answer back, but I restrained myself.
- ~ **sth** to stop sth that is growing or increasing from becoming too large

Syn: keep under control

- The government is taking steps to restrain inflation.

Verb forms:

verb forms	
present simple	
I / you / we / they	restrain
	BrE /rɪˈstreɪn/
	NAme /rɪˈstreɪn/
he / she / it	restrains
	BrE /rɪˈstreɪnz/
	NAme /rɪˈstreɪnz/
past simple, past participle	restrained
	BrE /rɪˈstreɪnd/
	NAme /rɪˈstreɪnd/
-ing form	restraining
	BrE /rɪˈstreɪnɪŋ/
	NAme /rɪˈstreɪnɪŋ/

Word Origin:Middle English: from Old French **restreign-**, stem of **restreindre**, from Latin **restringere**, from **re-** 'back' + **stringere** 'to tie, pull tight'.**Example Bank:**

- I barely restrained myself from hitting him.
- She could not restrain a flash of pride.
- She had to be physically restrained.
- The horse must be properly restrained in a location where it would not hurt itself.
- Economic growth first induced, then restrained population growth.
- He had to be forcibly restrained by team-mates.
- Morse placed a restraining hand on Lewis's arm.

restrain

Longman DOCE 5th Ed. (En-En)

re-strain *AC* /rɪ'streɪn/ *BrE* *AmE* *v* [transitive]

[Word Family: verb: ↑restrain; noun: ↑restraint; adjective: ↑restrained ≠ ↑unrestrained]

[Date: 1300-1400; Language: Old French; Origin: **restreindre**, from Latin **restringere**, from **stringere**; ⇨ ↑stringent]

- to stop someone from doing something, often by using physical force

restrain somebody from doing something

- I had to restrain her from running out into the street.
- He had to be restrained from using violence.

- to control your own emotions or behaviour:

Renwick restrained a feeling of annoyance.

restrain yourself (from doing something)

- She could barely restrain herself from hitting him.

- to control or limit something that is increasing too much:

Price rises should restrain consumer spending.

restrain

12500 **6073**^{MCW}

15000 **2860**^{COCA}

RANGE: **4k** **RESTRAIN** ⁹²⁰⁶

restrain 1270

restrained 1720

restraining 1283

restrains 105

restraint 3049

restraints 1399

unrestrained 380

COCA 500k Unlemmatized

960 **20162**¹⁰⁷⁸ *vvi*

181 **54146**¹⁹² *vv0*
