

**exert**  
[ɪg'zɜ:t] *v*

1. **напрягать (силы); прилагать (усилия)**  
to exert all one's strength - напрячь все силы  
to exert every effort - приложить все усилия  
to exert influence - оказать влияние  
to exert oneself - стараться, прилагать усилия  
he didn't exert himself much - он не особенно старался, он не утруждал себя  
exert yourself on his behalf - постарайтесь помочь ему, сделайте для него всё возможное
2. **проявлять**  
to exert one's intelligence - проявить ум  
he exerted his leadership abilities intelligently - он разумно использовал /приложил/ свои организаторские способности
3. **tex.** **вызывать (напряжение); производить (давление)**

**exert**

Oxford Advanced Learners Dictionary 8th Ed.

**exert** [exert exerts exerted exerting] *BrE* [ɪg'zɜ:t] *AmE* [ɪg'zɜ:rt] *verb*

1. ~ **sth** to use power or influence to affect sb/sth
  - He exerted all his authority to make them accept the plan.
  - The moon exerts a force on the earth that causes the tides.
2. ~ **yourself** to make a big physical or mental effort
  - In order to be successful he would have to exert himself.

Verb forms:

verb forms	
present simple	
I / you / we /they	exert
	BrE /ɪg'zɜ:t/
	NAmE /ɪg'zɜ:rt/
he / she /it	exerts
	BrE /ɪg'zɜ:ts/
	NAmE /ɪg'zɜ:rts/
past simple, past participle	exerted
	BrE /ɪg'zɜ:tɪd/
	NAmE /ɪg'zɜ:rtɪd/
-ing form	exerting
	BrE /ɪg'zɜ:tɪŋ/
	NAmE /ɪg'zɜ:rɪŋ/

Word Origin:

mid 17th cent. (in the sense 'perform, practise'): from Latin **exserere** 'put forth', from **ex-** 'out' + **serere** 'bind'.

**exert**

Longman DOCE 5th Ed. (En-En)

**exert** /ɪg'zɜ:t/ *BrE* *AmE* *verb* [transitive]

[Date: 1600-1700; Language: Latin; Origin: exsertus, past participle of exserere 'to push out']

1. to use your power, influence etc in order to make something happen:
  - They exerted considerable influence within the school.
  - Environmental groups are exerting pressure on the government to tighten pollution laws.
2. **exert yourself** to work very hard and use a lot of physical or mental energy:
  - He has exerted himself tirelessly on behalf of the charity.

**COLLOCATIONS**

**nouns**

- **exert pressure** Did Democratic leaders exert pressure on their colleagues to vote for the new law?
- **exert influence** These large companies exert considerable influence over the government.
- **exert control** The state should not exert control over the media.
- **exert power** He exerts considerable power within the family.
- **exert authority** It is every parent's responsibility to exert their authority by laying down some firm rules.
- **exert discipline** Exerting discipline is essential, especially when there are problem students in the class.
- **exert effort** We exerted every effort to get there on time.
- **exert your will** (=make something happen in the way that you want) The army exerted its will by arresting anti-government supporters.

**exert**

Freakuency Pack

12500 **5512** *MCW*

15000 **4040** *COCA*

RANGE: **5k** *EXERT* 4805

exert 1838

exerts 462

exerted 966

exerting 456

exertion 922

exertions 161

