

**distress****1. [dis'tres] n**

1) горе, беда; страдание

in distress - в горе, в беде [*см. тж.* 2 и 3]

distress of soul - душевные страдания

2) сильное недомогание; боль

to be in great physical distress - испытывать сильную физическую боль

he showed signs of distress - ему было не по себе

3) причина страданий; несчастье

his conduct is a great distress to his father - его поведение очень огорчает (его) отца

2. нищета, нужда

in distress - в бедственном положении [*см. тж.* 1, 1) и 3]

to relieve distress - помогать в нужде

to be in great distress for money - быть крайне стеснённым в средствах

3. бедствие, бедственное положение

ship in distress - судно, терпящее бедствие [*ср. тж.* 1, 1) и 2]

distress call /signal/ - сигнал бедствия

4. *физиол.* отрицательный стресс, дистресс5. *юр.*

1) = distraintment

distress sale - *юр.* продажа описанного имущества

to levy /to put in/ a distress - накладывать арест на имущество, описывать имущество (за долги)

2) имущество, взятое в обеспечение выполнения обязательства

6. *диал.*

1) давление, сдавливание; напряжение, натяжение

2) давление, принуждение, нажим

**2. [dis'tres] v**

1. причинять горе, страдание; мучить, тревожить

to distress oneself - беспокоиться, мучиться, терзаться

to be distressed for smb. - переживать за кого-л.

to be distressed about smth. - волноваться по поводу чего-л.

I'm distressed to hear it - эта весть беспокоит меня

your letter deeply distressed me - ваше письмо глубоко меня взволновало /очень встревожило/

it distresses me to give you any trouble - мне очень жаль беспокоить вас

2. причинять боль; доводить до изнеможения, подрывать силы

3. доводить до нищеты

4. = distract

**distress**

Oxford Advanced Learners Dictionary 8th Ed.

**dis·tress** [**distress distresses distressed distressing**] **noun, verb** BrE [dɪˈstres] <sup>1</sup>NAme [dɪˈstres] <sup>1</sup>**noun uncountable****1.** a feeling of great worry or unhappiness; great suffering

- The newspaper article caused the actor considerable distress.
- She was obviously **in distress** after the attack.
- deep emotional distress

**2.** suffering and problems caused by not having enough money, food, etc.**Syn:** ↑hardship• **economic/financial distress**

• The charity aims to relieve poverty and distress caused by natural disasters.

**3.** a situation in which a ship, plane, etc. is in danger or difficulty and needs help

- a **distress signal** (= a message asking for help)
- It is a rule of the sea to help another boat **in distress**.

**see** damsel in distress **at** ↑damselWord Origin:Middle English: from Old French **destresce** (noun), **destrecier** (verb), based on Latin **distringere** 'stretch apart'.Thesaurus:**distress** **noun** U

• He was obviously in distress after the attack.

**pain** • • **suffering** • • **misery** • • **agony** • |informal **hurt** • • **torture** • |formal **anguish** •distress/pain/misery/hurt/anguish **at** sth**in** distress/pain/misery/agony/anguish**cause (sb)** distress/pain/suffering/misery/agony/hurt/anguish**Distress pain or suffering?** These are all words for a feeling of great unhappiness. **Distress** can also be a feeling of worry. **Pain** is often used when the hurt is individual and the cause more personal, such as the death of a loved one. **Suffering** often refers to sth on a large scale that affects many people, such as a war or natural disaster.

### Example Bank:

- Grief over ageing is a source of distress to men and women.
- Hall expressed his distress at the court's failure to uphold his rights.
- He dropped out of college, to his family's distress.
- He tried to conceal his distress, but the tremor in his voice was unmistakable.
- Sensing her distress, Luke walked over and patted her shoulder.
- She seemed calm and showed no signs of distress.
- The animals suffer great pain and distress when hunted.
- The causes of social distress include inadequate housing.
- The child was clearly in distress.
- The president issued a statement expressing her distress over the affair.
- The sinking ship sent out a distress call.
- a ship in distress
- an unhappy young couple in acute relationship distress
- her obvious distress at hearing such bad news
- medieval ballads about a knight saving a damsel in distress
- the distress that she felt when her parents argued
- the personal distress associated with unemployment
- the physical distress of hunger
- Any price increases will cause even more financial distress.
- He was obviously in distress after the attack.
- She went through a period of deep emotional distress in her teens.

### verb

to make sb feel very worried or unhappy

- ~ **sb** It was clear that the letter had deeply distressed her.
- ~ **yourself** Don't distress yourself (= don't worry).

### Verb forms:

verb forms	
present simple	
I / you / we / they	distress
	BrE /dt 'stres/
	NAme /dt 'stres/
he / she / it	distresses
	BrE /dt 'stresɪz/
	NAme /dt 'stresɪz/
past simple, past participle	distressed
	BrE /dt 'strest/
	NAme /dt 'strest/
-ing form	distressing
	BrE /dt 'stresɪŋ/
	NAme /dt 'stresɪŋ/

### Word Origin:

Middle English: from Old French **destresce** (noun), **destrecier** (verb), based on Latin **distringere** 'stretch apart'.

### Example Bank:

- Don't distress yourself.

## distress

Longman DOCE 5th Ed. (En-En)

### I. **dis'tress**<sup>1</sup> /dt'stres/ BrE <sup>n</sup> AmE <sup>n</sup> noun [uncountable]

[Date: 1200-1300; Language: Old French; Origin: destresse, from Latin districtus, past participle of distringere 'to pull apart, prevent from acting or leaving']

#### 1. a feeling of extreme unhappiness:

Luke's behaviour caused his parents great distress.

#### in distress

The girl was crying and clearly in distress.

#### 2. suffering and problems caused by a lack of money, food etc:

acute financial distress

#### in distress

charities that aid families in distress

#### 3. **formal** great physical pain

#### 4. a situation when a ship, aircraft etc is in danger and needs help:

We picked up a distress signal 6 km away.

#### in distress

The ship is in distress.

### II. **dis'tress**<sup>2</sup> BrE <sup>n</sup> AmE <sup>n</sup> verb [transitive]

to make someone feel very upset:

The dream had distressed her greatly.

**distress**12500 **4979**<sup>MCW</sup>15000 **3174**<sup>COCA</sup>RANGE: **3k** **DISTRESS** <sup>7611</sup>distress <sup>5119</sup>distressed <sup>1624</sup>distresses <sup>60</sup>distressing <sup>808</sup>

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