

# anxiety

[æŋˈzaiəti]n

- 1) тревога, беспокойство, боязнь; страх  
slight [vague, acute] anxiety - лёгкое [смутное, сильное] беспокойство  
to be in anxiety about smth. - беспокоиться /тревожиться/ о чём-л.  
to wait smth. with anxiety - ждать чего-л. с тревогой /со страхом/
- 2) **мед.** патологическое состояние тревоги, беспричинного страха; чувство мучительного беспокойства  
anxiety depression - депрессия, связанная с чувством неполноценности, сомнением в своих силах **и т. п.**
2. **обыкн. pl** неприятности, заботы  
all these anxieties made him look pale and thin - после /от/ всех пережитых им волнений он побледнел и похудел
3. страстное желание; стремление, рвение  
anxiety for knowledge - жажда знаний, стремление к знаниям  
anxiety to please - стремление угодить /понравиться/ (кому-л.)  
my chief anxiety is to help them - я прежде всего стремлюсь помочь им

## anxiety

Oxford Advanced Learners Dictionary 8th Ed.

**anx-iety** [anxiety anxieties] BrE [æŋˈzɑːɪəti] NAmE [æŋˈzɑːəti] noun (pl. anx-ieties)

1. **uncountable** ~ (about/over sth) the state of feeling nervous or worried that sth bad is going to happen
  - **acute/intense/deep anxiety**
  - Some hospital patients experience high levels of anxiety.
  - Waiting for exam results is a time of great anxiety.
2. **countable** a worry or fear about sth
  - If you're worried about your health, share your anxieties with your doctor.
3. **uncountable** a strong feeling of wanting to do sth or of wanting sth to happen
  - ~ **to do sth** the candidate's anxiety to win the vote
  - ~ **for sth** the people's anxiety for the war to end

### Word Origin:

early 16th cent.: from French **anxiété** or Latin **anxietas**, from **anxius**, from **angere** 'to choke'.

### Thesaurus:

**anxiety** noun U, C

• Some patients experience high levels of anxiety.

**worry** • • **unease** • • **concern** • • **agitation** • • **angst** • • **apprehension** •

anxiety/worry/unease/concern/angst/ apprehension **over/about** sth

anxiety/worry/unease/concern/apprehension **that...**

**great/considerable/growing** anxiety/worry/unease/concern/agitation/apprehension

**cause** anxiety/unease/concern/apprehension

### Example Bank:

- A few anxieties surfaced during the meeting.
- A lot of anxiety surrounds the issue of human cloning.
- His face betrayed his anxiety.
- I keep having this anxiety dream where I've forgotten to do something important.
- Physical activity can help reduce anxiety and depression.
- She felt a nagging anxiety that could not be relieved
- The aim is to reduce anxiety and help the patients relax.
- The more reports I study the more my anxiety grows.
- The mothers were able to share their anxieties with each other.
- There are anxieties over the effects of unemployment.
- They were encouraged to express their fears and anxieties.
- We seem to live in a state of free-floating anxiety that can attach itself to anything.
- anxiety at the deterioration of relations between the powers
- deep anxiety for the whole family
- her growing anxiety about her health
- patients suffering from an anxiety disorder
- skills to cope with anxiety
- the high level of anxiety created by entering a new environment
- A couple of photographers fell over themselves in their anxiety to get a shot of her.
- the candidate's anxiety to win the vote
- the people's anxiety for the war to end

## anxiety

Longman DOCE 5th Ed. (En-En)

**anx-i-ty** S3 W3 /æŋˈzɑːəti BrE " AmE " noun (plural anxieties)

[Date: 1500-1600; Language: Latin; Origin: anxietas, from anxius; ⇒ †anxious]

1. [**uncountable and countable**] the feeling of being very worried about something **SYN concern**  
**anxiety about/over**

There is **considerable anxiety** among staff about job losses.

There is growing public anxiety over levels of air pollution in our cities.

**deep/acute/great anxiety**

- " The fear of unemployment can be a source of deep anxiety to people.
- " his feelings of anxiety
- " A high level of anxiety was created by the introduction of cameras into the factory.
- " It can help if you discuss your anxieties with someone.

2. [uncountable] a feeling of wanting to do something very much

**anxiety to do something**

- " I nearly fell in my anxiety to get downstairs quickly.

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**COLLOCATIONS**

■ **adjectives**

- **great/considerable anxiety** Then began a day of great anxiety.
- **acute/deep/high anxiety** The patient's panic attacks are caused by acute anxiety.
- **constant anxiety** She lives a life of constant anxiety over money and job security.
- **increasing/mounting anxiety** There is mounting anxiety about the rise in violent crime.
- **public anxiety** the wave of public anxiety about food safety

■ **verbs**

- **cause/create/lead to anxiety** Their nuclear programme is causing mounting anxiety among other nations, especially Israel.
- **arouse/provoke anxiety** (=cause it) The presence of Indian troops near the border has aroused considerable anxiety in neighbouring Pakistan.
- **feel/suffer from anxiety** The child may feel anxiety about being away from home.
- **reduce/relieve anxiety** The drug helps to reduce anxiety, allowing you to feel relaxed.

■ **phrases**

- **a source of anxiety** For many people, the primary source of anxiety is work.
- **somebody's level of anxiety** Patients experience high levels of anxiety at time of admission to hospital.
- **feelings of anxiety** Having an operation naturally entails feelings of anxiety.

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**THESAURUS**

■ **the feeling of being worried**

- **worry** the feeling of not being happy or relaxed and thinking a lot about a problem or something that is wrong: She was sick with worry over her daughter. | the look of worry on his face
- **anxiety** the feeling of being worried because you think that something bad has happened or will happen, and you feel that you have no control over the situation: The thought of having to give a speech filled me with anxiety. | The increase in heating costs is causing a lot of anxiety among elderly people.
- **concern** a worried feeling – use this especially when many people are worried about a problem that affects everyone: The shortage of water is beginning to cause widespread concern.
- **stress** the feeling of being worried all the time, for example about work or personal problems, which can make you ill or very tired: Her financial problems were causing her a lot of stress.
- **anguish** a feeling of extreme mental suffering caused by worry: How could her parents survive the anguish of not knowing what had happened to her? | When she spoke, her voice was full of anguish.
- **angst** a strong feeling of worry and anxiety because you are worried about your life, your future, or what you should do in a particular situation: The letter was full of teenage angst - would she ever be able to find another boyfriend? | There was much angst about the decision.

**anxiety**

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