habit

н

['hæbıt] n

1. привычка; обычай; обыкновение

to form /to acquire, to assume, to get/ a habit (of doing smth.) - приобрести привычку (делать что-л.)

to fall /to get/ into bad habits - приобретатьдурные привычки

he fell into the drinking habit - он пристрастился к выпивке

to grow into a habit - а) приобретать привычку; б) входить в привычку

smoking grew into a habit with him - курение вошло у него в привычку

to make a habit - иметь привычку

I don't make a habit of it - у меня нет такой привычки

to be in the habit of doing smth. - иметь обыкновение делать что-л.

it is a habit with him to keep early hours - он привык рано ложиться и рано вставать

to fall /to get, to grow/ out of a habit (of doing smth.) - отучиться /отвыкнуть/ (делать что-л)

he fell out of the habit of swearing [smoking] - он перестал/отучился/ ругаться [курить]

to break (off) a habit - отказаться /отучиться/ от привычки, расстаться с привычкой

to break smb. of a bad habit - отучить кого-л. от дурной привычки

to do smth. by /from/ force of /out of sheer/ habit - делать что-л по привычке /≅ чисто механически/

habit and repute - юр. сложившаяся репутация

the accused was habit and repute a criminal - у обвиняемого была репутация закоренелого преступника

cohabitation with habit and repute - фактдлительного сожительства, подтверждённый свидетелями (как основание для судебного решения о признании брака действительным)

2. 1) склад, натура, характер; склонность

a habit of mind - склад ума

the inward habit - внутренний /духовный/ мир a person of a spendthrift habit - мот

2) редк. (тело)сложение комплекция

a habit of body - конституция

a man of portly habit - дородный /тучный/ мужчина

3. разг.

1) привычка к наркотикам

off the habit - излечившийся от наркомании to kick the habit - амер. сл. отвыкнуть от наркотиков

2) привычная доза наркотика

4. спец. габитус (характерный облик растения, животного, человека, кристалла)

a plant of creeping /trailing/ habit - стелющееся растение ⊘ once does not make a habit - с одного /первого/ раза не привыкнешь

habit is second nature - посл. привычка - вторая натура

Ш 1. ['hæbit] n

1. одежда (для специальных целей); костюм; одеяние

a monk's habit - монашеская ряса

2. амазонка, дамский костюм для верховой езды

2. ['hæbit] V книжн.

одевать, облачать, наряжать

a woman habited in white - женщина, облачённая в белое habited like a shepherd - в одежде пастуха

Ш

['hæbit] v apx.

населять; жить (где-л.)

habit

NAmE ['hæbɪt] habit [habit habits] BrE ['hæbɪt] noun

- 1. countable a thing that you do often and almost without thinking, especially sth that is hard to stop doing
- · You need to change your eating habits.
- · good/bad habits
- He has the irritating habit of biting his nails.
- It's all right to borrow money occasionally, but don't let it become a habit .
- I'd prefer you not to make a habit of it.
- I'm not in the habit of letting strangers into my apartment.
- I'vegot into the habit of turning on the TV as soon as I get home.
- I'm trying to break the habit of staying up too late.
- These things have a habit of coming back to haunt you.

uncountable usual behaviour

- I only do it out of habit
- I'm a creature of habit (= I have a fixed and regular way of doing things).
- 3. countable (informal) a strong need to keep using drugs, alcohol or cigarettes regularly
- · He began to finance his habit through burglary.
- · She's tried to give up smoking but just can't kick the habit .

Oxford Advanced Learners Dictionary 8th Ed.

• a 50-a-day habit

4. countable a long piece of clothing worn by a [†]monk or [†]nun

see force of habit **at** force n.

Word Origin:

Middle English: from Old French abit, habit, from Latin habitus 'condition, appearance', from habere 'have, consist of'. The term originally meant 'dress, attire', later coming to denote physical or mental constitution.

Thesaurus:

habit noun C, U

- I got into the habit of calling my aunt every night.
- $\textit{practice} \cdot \cdot \textit{ways} \cdot \cdot \textit{ritual} \cdot \cdot \textit{rule} \cdot |\textit{formal policy} \cdot$

be sb's habit/practice/policy **to do sth** the/sb's **usual** habit/practice/ritual/policy **change** your habit/practice/policy/ways

Example Bank:

- · Don't let eating between meals become a habit.
- Ellington's work habits were a marvel to all.
- · Even last year the nation's eating habits changed significantly.
- He had an irritating habit of singing tunelessly about the house.
- · He turned to crime to support his habit.
- · Healthy lifestyle habits begin when you're young.
- · Horses are creatures of habit and like to have a daily routine.
- I found some of his personal habits rather disconcerting.
- I got out of the habit of getting up early.
- I had fallen into my old bad habit of leaving everything until the last minute.
- I had got out of the habit of going to the pub.
- I just did it from habit.
- · I sat in my old seat purely out of habit.
- I'm trying to kick the smoking habit.
- It was a nervous habit she'd had for years.
- It's hard to change the habit of a lifetime.
- · Life has a nasty habit of repeating itself.
- Make a habit of noting down any telephone messages.
- Mental habits are not easily changed.
- Mr Norris bellowed from force of habit.
- · Mr Norris woke up early from force of habit.
- Much of what we do in daily life is done by habit.
- She had been in the habit of drinking five or six cups of coffee a day.
- She has some very annoying habits.
- The children are developing unhealthy eating habits.
- The pills affected your sleeping habits.
- Try to get into good habits and eat regular healthy meals.
- · You must break yourself of the habit.
- a difficult habit to break
- an effort to change the buying habits of the British public
- deeply ingrained habits of thought
- · her charming habit of setting fire to cats
- · one of his more endearing habits
- · poor eating habits
- women's television viewing habits
- I do it out of habit.
- I got into the habit of going there every night for dinner.
- · I'd prefer you not to make a habit of calling late at night.
- · I'm not in the habit of letting strangers into my apartment.
- It's all right to borrow money occasionally, but don't let it become a habit.
- The majority of smokers want to give up the habit.
- Try to break the habit of of adding salt at the table.
- When it comes to clothes, men are creatures of habit.

habit

hab It S3 W3 /'hæbət, 'hæbɪt/ BrE * AmE * noun

[Word Family: noun: [†]habit, [†]habitué; verb [†]habituate; adverb [†]habitually; adjective: [†]habitual] [Date: 1100-1200; Language: Old French; Origin: Latin habitus *'condition, character'*, from habere *'to have*] **1. USUAL/REGULAR** [uncountable and countable] something that you do regularly or usually, often without thinking about it because you have done it so many times before:

- Regular exercise is a good habit.
- Thinking negatively can become a habit.

Longman DOCE 5th Ed. (En-En)

- ^{*} She has a habit of playing with her hair when she's nervous.
- Some people drink alcohol as much from habit as from desire.
- by/from/out of habit (=because this is what you usually do in this situation) I did it out of habit.
- **2**. **DRUGS** [countable] a strong physical need to keep taking a drug regularly:
 - A lot of drug addicts get into petty crime to support their habit.

heroin/cocaine etc habit

His cocaine habit ruined him physically and financially.

3. not make a habit of (doing) something spoken used to say that someone does not usually do something bad or wrong, or should not do it again:

You're ten minutes late. I hope you're not going to make a habit of this.

- **4.** I'm not in the habit of doing something *spoken* used when you are annoyed, to say that you would not do something: I'm not in the habit of lying to my friends.
- 5. have a habit of doing something if something has a habit of doing something, it usually or often does it used humorously: Life has a habit of springing surprises.
- 6. old habits die hard used to say that it is difficult to make people change their attitudes or behaviour: She knew it probably wasn't necessary any more, but old habits die hard.
- 7. habit of thought/mind the way someone usually thinks about something, or their usual attitudes
- 8. CLOTHING [countable] a long loose piece of clothing worn by people in some religious groups:
 - a nun's habit

⇒ a creature of habit at [↑]creature(3)

COLLOCATIONS

verbs

- have a habit (of doing something) He has a habit of being late.
- something becomes a habit Once you you have been driving for a few weeks, it becomes a habit.
- get into a habit (=start doing something regularly or often) Try to get into the habit of walking for 30 minutes each day.
- get out of a habit (=stop doing something regularly or often) She couldn't get out of the habit of saying 'sorry'.
- break/kick a habit (=stop doing something that is bad for you) I've smoked for years, but I really want to kick the habit.
- develop /form a habit I developed a habit of eating porridge for breakfast.
- change your habits It's sometimes difficult for people to change their habits.

adjectives

- a good/bad habit Eating healthy food as snacks is a good habit to get into.
- eating/drinking habits (=the kinds of things you eat or drink regularly) You need to change your eating habits.

• buying/spending habits (=the kinds of things you buy regularly) The recession will mean that many people will be changing their spending habits.

- viewing habits (=the kinds of television shows you regularly watch) Parents try to control their children's viewing habits.
- sexual habits (=what you normally do in sexual relationships) a survey of the sexual habits of gay men

• personal habits (=the things you normally do each day, for example keeping yourself clean or whether you smoke) Some of his personal habits were unpleasant.

- social habits (=the things people normally do when they are with other people) Television changed some of our social habits.
- an annoying/unpleasant/nasty habit He had the unpleasant habit of eating with his mouth open.
- a strange/peculiar/odd habit He had a lot of peculiar habits, one of them being to stare at you without blinking.

phrases

• be in the habit of doing something On Friday evenings Carrie was in the habit of visiting her parents.

• (by/from) force of habit (=used about a habit that is difficult to change) I still walk by his house each day - force of habit, I suppose.

- change/break the habits of a lifetime (=stop doing the things you have done for many years) It is hard to change the habits of a lifetime, but you must eat more healthily or you will have a heart attack.

have the unfortunate habit of doing something (=do something that makes other people feel embarrassed or offended)
Teenage girls have the unfortunate habit of laughing too loudly.

THESAURUS

• habit something you do regularly, often without thinking about it: Biting your nails is a bad habit. | I always go to the same supermarket, out of habit.

• mannerism a way of speaking or a small movement of your face or body that is part of your usual behaviour: Even her mannerisms are the same as her sister's.

- custom something that people in a particular society do because it is traditional or the accepted thing to do: In Japan it is the custom to take off your shoes when you enter a house.

• tradition a belief, custom, or way of doing something that has existed for a long time: The tradition of giving Easter eggs goes back hundreds of years. | In many countries, it's a tradition for the bride to wear white. | It was a family tradition to go for a walk on Christmas Day.

• practice something that people often do, especially as part of their work or daily life: The hotel has ended the practice of leaving chocolates in guests' rooms.

habit

habit ⁷⁵⁵⁰ habits ⁷⁶⁴⁹ COCA 500k Unlemmatized ₅₇₉₅5075⁷⁵⁵⁰ *nn1*