

**restrict**

I

[rɪ'strɪkt] *v*

1) ограничивать

to restrict smb.'s freedom - ограничить чью-л. свободу

the trees restricted our vision - за деревьями нам было плохо видно

his power was restricted within narrow limits - его права строго ограничены

in some countries the consumption of alcohol is restricted by law - в некоторых странах закон ограничивает потребление алкоголя

2) (to) держать в определённых пределах; сводить к чему-л.

to restrict one's speech to two points - ограничить своё выступление двумя вопросами

to restrict to a diet - посадить на диету

he is restricted to six cigarettes a day - ему разрешают только шесть сигарет в день

II

[rɪ'strɪkt] *n* **биохим.**

рестрикт (участок ДНК, расщеплённый под действием рестриктазы)

**restrict**

Oxford Advanced Learners Dictionary 8th Ed.

**re-strict** **AW** [restrict restricts restricted restricting] **BrE** [rɪ'strɪkt] **NAmE**

[rɪ'strɪkt] **verb**

1. to limit the size, amount or range of sth

• ~ **sth to sth** Speed is restricted to 30 mph in towns.

• We restrict the number of students per class to 10.

• ~ **sth** Fog severely restricted visibility.

• Having small children tends to restrict your freedom.

2. ~ **sth to stop sb/sth from moving or acting freely**

**Syn:** ↑impede

• The long skirt restricted her movements.

3. ~ **sth (to sb) to control sth with rules or laws**

• Access to the club is restricted to members only.

4. ~ **yourself/sb (to sth/to doing sth) to allow yourself or sb to have only a limited amount of sth or to do only a particular kind of activity**

• I restrict myself to one cup of coffee a day.

• Why don't you restrict yourself to setting down the facts?

Verb forms:

verb forms	
present simple	
I / you / we / they	restrict
	BrE /rɪ'strɪkt/
	NAmE /rɪ'strɪkt/
he / she / it	restricts
	BrE /rɪ'strɪkts/
	NAmE /rɪ'strɪkts/
past simple, past participle	restricted
	BrE /rɪ'strɪktɪd/
	NAmE /rɪ'strɪktɪd/
-ing form	restricting
	BrE /rɪ'strɪktɪŋ/
	NAmE /rɪ'strɪktɪŋ/

Word Origin:

mid 16th cent.: from Latin **restrict-** 'confined, bound fast', from the verb **restringere**, from **re-** 'back' + **stringere** 'to tie, pull tight'.

Thesaurus:

**restrict** **verb** T

• We restrict the number of students per class to ten.

**limit** •• **control** •• **curb** •• **check** •• **rein sth in** •• **hold/keep sth in check** • |especially BrE **cap** • |written **contain** ••

**suppress** •

restrict/limit/control/curb/check/rein in/cap **spending**

restrict/limit/control/curb/check **growth/your speed**

restrict/limit/control the **size/number/extent/amount** of sth

**Restrict or limit?** **Limit** is used both about controlling what people can do and also about controlling the effects of sth; **restrict** is used more often about controlling what people can do:

• to limit carbon dioxide emissions

✗ to restrict carbon dioxide emissions

Example Bank:

• They tried to improve traffic congestion by restricting entry to the city.

• Why don't you restrict yourself to setting down the facts?

• He needs to restrict his intake of red meat.

• I'm restricting myself to one glass of wine a day.

• The authors largely restrict their attention to three issues.

- The government is considering new laws which will further restrict people's access to firearms.
- attempts to restrict the sale of alcohol
- He introduced new laws to restrict immigration.
- In Britain speed is restricted to 30 mph in towns.
- We restrict the number of students per class to ten.

## restrict

Longman DOCE 5th Ed. (En-En)

re **strict** **W3 AC** /rɪ'strɪkt/ *BrE* <sup>ˈ</sup> *AmE* <sup>ˈ</sup> *verb* [transitive]

[Word Family: adjective: ↑restricted ≠UNRESTRICTED ↑restrictive; verb: ↑restrict; noun: ↑restriction]

[Date: 1400-1500; Language: Latin; Origin: past participle of restringere; ⇒ ↑restrain]

### 1. to limit or control the size, amount, or range of something:

- ˈ The new law restricts the sale of hand guns.
- ˈ You may need to restrict access to certain files (=limit the number of people who can read them).
- ˈ The agreement will restrict competition.

### restrict something to something

- ˈ In future we will restrict class sizes to 20 students.

### 2. to limit someone's actions or movements:

- ˈ The cramped living conditions severely restricted the children's freedom to play.

### 3. restrict yourself/somebody to (doing) something to allow yourself to have or do only a particular thing or amount of something:

- ˈ I'm restricting myself to two cigarettes a day.

## restrict

Frequency Pack

12500 **2222** <sup>MCW</sup>

15000 **1651** <sup>COCA</sup>

RANGE: **2k** **RESTRICT** <sup>23972</sup>

restrict <sup>2930</sup>

restricted <sup>5560</sup>

restricting <sup>1520</sup>

restriction <sup>1824</sup>

restrictions <sup>8508</sup>

restrictive <sup>2126</sup>

restrictively <sup>23</sup>

restricts <sup>573</sup>

unrestricted <sup>908</sup>

unrestrictive <sup>0</sup>

COCA 500k Unlemmatized

1780 **13045** <sup>2105</sup> *vvi*

774 **23745** <sup>825</sup> *vv0*