

regimen['redʒɪmɪn] *n*

1. 1) *мед.* режим; диета, моцион *и т. п.*
- 2) режим, образ жизни
the daily regimen of a ballet dancer - распорядок дня балерины
2. режим реки, ледника *и т. п.*
3. *редк.* система правления, режим
4. *грам. редк.* управление

regimen

Oxford Advanced Learners Dictionary 8th Ed.

regi-men [regimen regimens] *BrE* ['redʒɪmən] [ⓘ] *NAmE* ['redʒɪmən] [ⓘ] (*also***re-gime**) *noun* (*medical* or *formal*)

a set of rules about food and exercise or medical treatment that you follow in order to stay healthy or to improve your health

- a strict regimen
- a daily regimen of exercise

See also: ↑[regime](#)Word Origin:late Middle English (denoting the action of governing): from Latin, from *regere* 'to rule'.Example Bank:

- He began a new fitness regimen.
- It is important to maintain a training regimen.
- She follows a strict fitness regimen.
- We used a combined regimen of chemotherapy and radiation therapy.
- a sensible daily regimen of vitamin supplements
- a strenuous training regimen
- a treatment regimen comprising two antibiotics
- A strict regimen of wheat-free diet in the hospital had a favourable effect

regimen

Longman DOCE 5th Ed. (En-En)

re-gi-men /'redʒəməŋ, 'redʒɪməŋ/ *BrE* [ⓘ] *AmE* [ⓘ] *noun* [countable][*Date:* 1300-1400; *Language:* Latin; *Origin:* *regere*; ⇔ ↑[regent](#)]**formal** a special plan of food, exercise etc that is intended to improve your health **SYN** **regime****regimen of**

- a regimen of morning stretching exercises
- Patients maintain a strict dietary regimen.

regimen

Freakuency Pack

12500 **11941**^{MCW}15000 **5613**^{COCA}RANGE: **13k** **REGIMEN** ²⁴⁸²regimen ¹⁹²⁹regimens ⁵⁵³

COCA 500k Unlemmatized

1460 **13843**¹⁹²⁹ *nn1*