

bulimia

[bju:'lɪmiə] *n мед.*

булимия (резко усиленное чувство голода)

Oxford Advanced Learners Dictionary 8th Ed.

bulimia

bu·li·mia BrE [bu'liːmiə] NAmE [bu'liːmiə] BrE [bju'liːmiə] NAmE

[bju'liːmiə] BrE [bu'liːmiə] NAmE [bu'liːmiə] BrE [bju'liːmiə] NAmE [bju'liːmiə] (also **bulimia nervosa** BrE [bu,liːmiə nɜːvəʊsə] ; NAmE [bu,liːmiə nɜːrvoʊsə]) **noun uncountable**

an emotional ↑**disorder** in which a person repeatedly eats too much and then forces him- or herself to ↑**vomit**

compare ↑**anorexia**

Derived Word ↑**bulimic**

Word Origin:

late Middle English (as bolisme, later bulimy): modern Latin, or from medieval Latin **bolismos**, from Greek **boulimia** 'ravenous hunger', from **bous** 'ox' + **limos** 'hunger'.

Collocations:

Diet and exercise

Weight

- put on/gain/lose weight/a few kilos/a few pounds
- watch/control/struggle with your weight
- be/become seriously overweight/underweight
- be/become clinically/morbidly obese
- achieve /facilitate /promote /stimulate weight loss
- slim down to 70 kilos/(BrE) 11 stone/(especially NAmE) 160 pounds
- combat/prevent/tackle/treat obesity
- develop /have /suffer from /struggle with /recover from anorexia/bulimia/an eating disorder
- be on/go on/follow a crash/strict diet
- have /suffer from a negative/poor body image
- have /develop a positive/healthy body image

Healthy eating

- eat a balanced diet/healthily/sensibly
- get/provide/receive adequate/proper nutrition
- contain/get/provide essential nutrients/vitamins/minerals
- be high/low in calories/fat/fibre/(especially US) fiber/protein/vitamin D/Omega-3 fatty acids
- contain (no)/use/be full of/be free from additives/chemical preservatives/artificial sweeteners
- avoid/cut down on/cut out alcohol/caffeine/fatty foods
- stop/give up/ (especially NAmE) quit smoking

Exercise

- (BrE) take regular exercise
- do moderate/strenuous/vigorous exercise
- play football/hockey/tennis
- go cycling/jogging/running
- go to/visit/ (especially NAmE) hit/work out at the gym
- strengthen/tone/train your stomach muscles
- contract/relax /stretch/use/work your lower-body muscles
- build (up)/gain muscle
- improve/increase your stamina/energy levels/physical fitness
- burn/consume/expend calories

Staying healthy

- be/get/keep/stay healthy/in shape/(especially BrE) fit
- lower your cholesterol/blood pressure
- boost/stimulate/strengthen your immune system
- prevent/reduce the risk of heart disease/high blood pressure/diabetes/osteoporosis
- reduce/relieve /manage /combat stress
- enhance /promote relaxation/physical and mental well-being

bulimia

Longman DOCE 5th Ed. (En-En)

bu·limi·a /bjuːˈlɪmi.ə, -'li-/ BrE NAmE **noun [uncountable]**

[Date: 1800-1900; Language: Modern Latin; Origin: Greek boulimia 'great hunger', from bous 'ox, cow' + limos 'hunger']

an illness in which a person cannot stop themselves from eating too much, and then ↑**vomits** in order to control their weight

—**bulimic** *adjective*

bulimia

Freakuency Pack

12500 **11401**^{MCW}

15000 **10634**^{COCA}

RANGE: **8k** BULIMIA 628

bulimia 494

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COCA 500k Unlemmatized

203 **34789**⁴³⁰ *nn1*

24 **109294**⁵⁰ *np1*

11 **216868**¹⁴ *nnu*
