

How To Teach Children English Как учить детей английскому

Video – <http://babyenglish.tv>

00:00

welcome to the effortless English show

00:02

with the world's number one English

00:04

teacher AJ Hoge where AJ is more than 40

00:07

million students worldwide finally learn

00:09

English once and for all

00:10

without the boring textbooks classrooms

00:13

and grammar drills nears a day with a

00:15

quick peace to help you learn to speak

00:17

fluent English effortlessly hi I'm AJ

00:21

Hoge the author of effortless English

00:23

learn to speak English like Anita's

00:28

go-to effortless English club.com sign

00:34

up for my free email course effortless

00:38

English club.com teaching your children

00:45

English a lot of people on Twitter and

00:50

Facebook ask me how can I teach my child

00:55

my son or daughter or even nephew or

00:59

niece how can I teach them English

01:01

what's the best way to teach my children

01:06

English it's a good question and I'm

01:10

going to tell you some quick secrets

01:13

today in the show about how to do that

01:16

some some easy methods now first of all

01:19

let me tell you what you should not do

01:22

do not send your child to an English

01:27

school or class don't do it I do not

01:31

recommend English classes or schools now

01:37

when I was younger I taught in those

01:39

schools I lived in Korea I taught in a

01:42

school for children in English school

01:45

for children and Japan I did it in other

01:47

countries and in Thailand I did it and

01:52

these schools these English schools for

01:55

children have the same problems as

01:57

English schools for adults they use

01:59

textbooks they use a lot of worksheets

02:01

and they just are not effective what

02:05

happens with most children when they go

02:08

to these schools is that the children

02:10

get bored and in their mind that

02:13

children learn English is boring English

02:17

is difficult English is not fun English

02:20

is not natural so they start to hate

02:23

English or at least not like it and

02:26

because of that as they get older they

02:28

never really master speaking English and

02:32

they get a lot of negative feelings

02:34

about English so don't send them to a

02:37

school it's not necessary you can teach

02:39

your own child English even if your

02:43

English is not perfect don't worry it's

02:45

okay it's much better for you to do it

02:48

why because your child even if it's just

02:53

a niece or a nephew they have a strong

02:56

emotional connection to you right they

02:59

love you they care about you so they

03:02

want to make you happy they want to

03:04

communicate with you they want to have a

03:07

connection with you so you are the very

03:10

best teacher for your child don't worry

03:14

if your grammar is not perfect if your

03:17

pronunciation is not perfect it's okay

03:19

later when they get older your child can

03:22

improve their pronunciation they can

03:24

improve their grammar but you can give

03:26

them fluency you can do it it's best if

03:30

you do it so how how do you do it how do

03:33

you teach your child's English first of

03:36

all I recommend that maybe one or two

03:39

hours a day you have English time with

03:42

your child this could be in the morning

03:45

this could be in the evening if you're

03:47

working when you get back from work

03:49

whenever doesn't matter but one hour at

03:52

minimum two hours would be better but if

03:56

you do it for many years one hour a day

03:58

is enough what do you do during that

04:02

time first of all let me tell you don't

04:05

use books don't use textbooks don't use

04:09

worksheets none of that school type

04:11

stuff it's terrible is boring it doesn't

04:13

work the first thing you're going to do

04:15

is you're going to teach your child

04:17

using something called TPR total

04:20

physical response it means using actions

04:23

physical actions you're going to teach

04:26

your child

04:27

just as you taught them at their own

04:29

language see when they were a baby

04:32

they learn your language and you didn't

04:35

think about it probably as a parent you

04:37

just automatically did some things and

04:39

your baby automatically learned the

04:42

language well you're going to do these

04:44

things a little more consciously you're

04:46

going to think about them a little more

04:47

to help your child learn English a bit

04:49

faster the first thing you do is you use

04:53

actions why because actions are easy to

04:56

understand kids love them even adults

04:59

love them so you start very easy what

05:02

you do is you first demonstrate the

05:04

action and you say the English in the

05:09

beginning it must be very simple one or

05:11

two words only keep things very very

05:13

short and easy so the most basic lesson

05:17

would be like a game you could do this

05:20

called Simon Says where you do an

05:22

action you say it and then you have your

05:24

child do the same so first you would be

05:26

sitting down you would say stand up stay

05:29

it in English stand up and then and then

05:31

what you do you point to yourself and

05:33

you stand up stand up your child looks

05:37

at you you can even tell them the

05:39

meaning if you want in your own language

05:41

but no translation is necessary then you

05:44

think sit down and then you show them

05:48

you sit down then you say again stand up

05:52

and you do it sit down you do it then

05:58

you point to them you get them to do it

06:00

with you stand up sit down stand up sit

06:02

down so they start doing the actions

06:04

with you as you say the English now

06:08

eventually they will learn stand up and

06:11

sit down so then you can start to add

06:14

more work you could say stand up quickly

06:18

you already say stand up fast it's not

06:21

exactly grammatical but it's common we

06:23

say it a lot so you can say stand up

06:25

fast or stand up quickly and you can sit

06:28

down quickly and then you could

06:30

introduce slowly so you say stand up

06:33

slowly and then you slowly do it sit

06:37

down slowly and then you slow

06:39

they do it and you do it you demonstrate

06:42

so they until they understand the

06:44

meaning then they do it with you you do

06:46

it both together you stand up slowly and

06:49

down then you can make it a game right

06:51

you say stand up quickly and they have

06:53

to do it quickly then if they sit down

06:55

slowly now they got to do it slowly so

06:58

you start giving commands but you don't

07:01

do it yourself you just sit there you

07:03

say it and they have to do it you're

07:05

testing their understanding if they

07:08

don't understand you if you say sit down

07:10

slowly but they're still not

07:12

understanding then just demonstrate it

07:14

again then you do it again to show them

07:16

and it's just kind of a game right

07:19

you're telling them to do stuff and they

07:20

have to do it and you do in the fun way

07:22

and you're kind of laughing like a game

07:24

if they make a mistake then you laugh

07:25

like a game and then you just show them

07:28

the correct way to do it then you can

07:31

start teaching this things like pick up

07:33

pick up so so you have some tape so you

07:38

say you have one on the table and they

07:40

pick up pick up and then you then you do

07:45

it together then you tell them to do it

07:47

pick up and then they pick it up right

07:49

and then you can start to teach now

07:52

thing so you could say you could take

07:54

tape tape you can say jacket right shirt

08:01

and then you can use the nouns with

08:04

verbs so you could say pick up the shirt

08:07

maybe you put a shirt on the floor or on

08:09

a table pick up the shirt and then you

08:11

picked up the shirt

08:12

pick up the tape then you pick up the

08:14

tape and then you can teach them put

08:18

down pick up put down pick up put down

08:20

this is a great way to teach lots and

08:23

lots of nouns lots of things which just

08:26

pick up and put down you can also use

08:29

point point to point to the tape point

08:33

to the shirt or point to the ceiling

08:36

point to the floor right so using point

08:41

pick up and put down teach those verbs

08:44

first those phrases then you can start

08:47

to teach lots of things all around your

08:49

house saying pick up put down point two

08:54

and you can teach the verb go right go

08:57

or walk either one could say go to the

09:01

door go to the chair go to the table go

09:05

to the bathroom go to the kitchen right

09:08

and they go so go now if you can go and

09:11

again you're teaching more and more

09:12

nouns all right you get the idea and you

09:16

just keep adding more and more and more

09:17

and more and more verbs and vocabulary

09:20

now this method is only good for really

09:23

what we call concrete things so you

09:26

can't teach you can't teach things that

09:28

that are not visible but you can't touch

09:31

it's good for actions it's good for

09:33

nouns for things that they can see so

09:37

teaching a word like democracy if you

09:40

can't really do that with actions it's

09:42

too difficult democracy is just if

09:43

that's a an idea it's only in your head

09:46

but you but it doesn't matter when

09:48

they're when they're children they don't

09:49

need words like democracy they don't

09:51

need these difficult words teach them

09:53

real things they can learn a lot of

09:55

vocabulary and a lot of nouns this way

09:57

and a lot of verbs to a big tip about

10:02

using this this method TPR or action

10:05

vocabulary is you only do it a small

10:08

amount of time the biggest mistake

10:11

people make the teachers make if they

10:13

try to do this for too long and then the

10:16

kids get bored so you only want to do

10:19

this each day 10 to 15 minutes is enough

10:23

after 10 or 15 minutes the kids will

10:26

start to get bored of just that's you

10:28

telling them what to do and doing these

10:30

actions so short amounts only you could

10:33

maybe do 10 minutes in the beginning and

10:36

then 10 minutes at the end right if you

10:38

have one full hour each day well in the

10:42

first 10 minutes you do this you do the

10:44

actions and you learn more vocabulary

10:47

and then maybe at the end you could do 5

10:50

or 10 more minutes so what else do you

10:53

do if you have an hour maybe that's 15

10:56

minutes of actions what do you do the

10:59

rest of the time

11:00

well you just play with it you have

11:03

English play time so you know your child

11:07

what's the

11:07

they like to play with maybe they like

11:09

to play with dolls if they're a boy they

11:12

might like you know action guys making

11:15

them fight and stuff or maybe little

11:17

animals or trucks and cars it's a girl

11:20

maybe they play with little dolls and

11:22

the little houses and stuff whatever

11:24

sticks rocks it doesn't matter but you

11:28

play with them and what you do this is

11:30

the important part your job you sit down

11:33

you play with your kid but as you play

11:36

with them you narrate in English narrate

11:42

what does narrate mean narrate means to

11:46

affect it to tell to tell about like

11:50

storytelling so all you do is as you

11:53

play let's say we have a you know you've

11:55

got two little dolls and you can put a

11:58

little boys and you they like to fight

12:00

so you have this one and you and it's

12:02

this doll hits the other one well you

12:05

just say what's happening you just say

12:07

it out loud in English you super simple

12:09

English a few words do you think he hits

12:12

him oh he hit him mm-hmm he cries he

12:20

falls down so you just play and as

12:24

you're doing things just say what is

12:27

happening in English try to use the most

12:32

simple words try to use very very very

12:35

short sentences very short and try to

12:38

repeat the same useful common words a

12:42

lot you also can narrate say what your

12:47

child is doing right so if they if they

12:50

sit down and say uh you're you're

12:52

sitting you're sitting down ah you like

12:56

that Oh what is that you can even start

12:59

adding questions which is a little more

13:00

advanced but in the beginning just

13:03

narrate constantly for 40 minutes while

13:05

you play you just say what's happening

13:08

it's like you're watching and describing

13:09

it imagine you're on the phone with

13:11

someone and you're just telling them

13:13

what

13:13

is happening he's doing this you're

13:16

doing that and just constantly narrating

13:19

in English again and again what is

13:22

happening now eventually your child will

13:27

start to learn after you know several

13:29

weeks of doing this over several months

13:31

your child will start to learn the very

13:33

common words and phrases that you're

13:35

narrating with that's the most useful

13:37

English that's great

13:39

don't make your child speak no pressure

13:42

for them to speak let them speak in your

13:44

language it's okay

13:45

but you answer in English so they want

13:48

to ask a question they can do it in

13:50

their language but you always speak back

13:53

in English you can also use pictures you

13:57

can draw pictures to help them

13:59

understand another way to use narration

14:03

is with children's books write

14:04

children's picture books children's

14:06

books are great too they're lots of

14:08

pictures so I recommend dr. Seuss books

14:11

they're really great for kids for

14:13

children young children they have funny

14:14

crazy pictures now you of course you can

14:18

read the story to them in English you

14:20

can read it but that's usually kind of

14:22

difficult so first you read the page get

14:26

something very very easy for small small

14:28

children but then what you do is you

14:31

narrate the picture so you point to

14:34

pictures on the page and you can say oh

14:37

this is a dog this is a cat the cat is

14:42

hungry the dog is angry are like for you

14:47

you don't have to just read you can

14:49

describe everything in the picture to

14:53

them a little more advanced as they

14:58

start to learn more you can ask

15:00

questions in the beginning ask questions

15:04

and then you answer them this is the

15:06

technique I use in my story lessons in

15:08

my interactive lessons right so you

15:10

might say say the same it's a picture a

15:12

picture book has a dog in a cat so you

15:15

could say what's this point to the dog

15:18

what's this oh it's a dog right it's a

15:23

dog yes and then you say what

15:27

oh it's a cat Oh is the cat hungry yeah

15:32

the cat's hungry

15:34

is the dog angry yeah the dogs angry

15:36

right so you're asking questions and

15:38

also answering them and let your child

15:42

cut a hole and eventually eventually

15:45

your child will start to do this

15:47

automatically probably if you need some

15:49

months before this happens but

15:51

eventually your child will start to say

15:53

oh it's a dog it's a cat he's angry

15:57

sometimes they'll just point in the

15:59

beginning and just say dog one word cat

16:02

that's fantastic

16:04

use the same story books over and over

16:07

your child will have favorite ones so

16:10

read them again and again and again and

16:12

narrate describe what's happening and

16:14

ask these questions and answer them

16:17

finally the last thing in general as you

16:20

teach your child English everything

16:21

should be fun and relaxed fun and

16:25

relaxed this should not feel like

16:27

lessons if you make it feel like school

16:29

if you make it feel like study they will

16:33

hate it it will be boring you won't like

16:35

it either

16:35

there's no neat reason for that right

16:38

it's just like when they learn their own

16:40

language you weren't making them do

16:42

worksheets you just talk to them you

16:44

played within you you looked at

16:46

storybooks together you told them to do

16:47

things come here no it's the same idea

16:50

you're just doing it in English and

16:52

you're doing it in a little bit more

16:55

organized way but your child should feel

16:57

like they're just having fun playing

16:59

with you enjoying time with you looking

17:02

at storybooks with you etc and the final

17:06

thing too is with kids it's best to

17:08

focus on concrete real-world things as I

17:11

mentioned before ideas these are called

17:13

abstract ideas things that are only in

17:16

our minds ideas like democracy or

17:19

fairness that's for more advanced when

17:23

they get older when they're young and

17:25

they up to like even 8 9 10 11 12 years

17:28

or even teenagers when they're young and

17:31

below that age just focus on things they

17:33

can see and touch things that are real

17:36

you can also do feelings because we

17:39

can see the feelings in our face right

17:41

are hungry those are kind of also very

17:44

direct experiences don't worry about

17:46

advanced ideas with kids there it's

17:50

they're not ready for that

17:52

focus on real-world things that they can

17:54

experience directly all right enjoy

17:58

teaching your children English do this

18:01

and they will grow up loving English to

18:04

love English still enjoy English and

18:06

they'll become fluent in a very easy and

18:09

automatic way and then when they're

18:11

older they can start learning more

18:14

advanced vocabulary when they're older

18:16

they can learn writing and more advanced

18:19

academic things but if they're already

18:21

fluent because of you they will have a

18:23

huge advantage huge advantage over most

18:27

other students so you're really helping

18:30

your child when you teach them English

18:32

this way go to effortless English club

18:37

comm and join one of my English speaking

18:41

courses effortless English club comm see

18:45

you sit bye for now

18:55

you